

### HARVEST

BREADS + CAFÉ

### **ALL DAY MENU**

Please order + pay at counter

Monday - Friday 7am - 2pm Saturday - 7am - 12pm Kitchen closes 30 minutes prior to closing time

### ALL - DAY BREAKFAST

		hollandaise sauce on toasted sourdough
HARVEST TOAST  Sourdough - 7 Grain   White   Fruit ALL VG Gluten Free DF   Spelt VG  Seeded + Nutty Paleo Toast GF+VG+V+P	<b>Per slice</b> \$5 + \$1.5 + \$2	HARVEST BIG BREAKFAST GFO Bacon, eggs, mushroom, blistered cherry tomatoes, chorizo, hashbrown, sourdough + house made tomato relish
Served with butter + your choice of the follow Harvest Raspberry or Blackberry Jam Honey Orange Marmalade	wing;	HARVEST SWEET PANCAKES V Served with maple syrup + ice cream Add berry compote or grilled banana
Vegemite Peanut Butter  HARVEST CLASSIC BUTTER CRO	ISSANTS	HARVEST SAVOURY PANCAKES GF + V Potato + feta pancakes served with rocket, avocado, aioli + onion marmalade
w/ Butter + Jam w/ Cheese + Tomato w/ Ham + Cheese w/ Ham, Cheese + Tomato	\$7.5 \$9 \$10 \$11	HARVEST WAFFLES GF+VO Sweet potato, zucchini, danish feta, bacon, poached egg + chilli maple glaze
w/ Chives Scrambled Eggs + Smoked Salm  EGGS YOUR WAY V+GFO+DFO  Served on 2 slices of Harvest Toast	on \$16.5	COCONUT CREAMED RICE GF+VG  Vanilla creamed rice served with seasonal fruit + a macadamia crumb (served warm)
Free - Range Scrambled	\$14 \$16	HARVEST CORN + PEA FRITTERS V+GF Corn, green pea, feta + mint fritters served with house made chilli jam with a rocket, mint, aioli +
BREAKFAST SANDWICH OR WRAP GI Fried eggs, bacon, cheese, fresh spinach + Harvest tomato relish	FO \$16.5	avocado salad  PALEO BREAKFAST BOWL GF+DF+P
SMASHED AVO VGO+DFO+GFO Served on sourdough with lemon +feta, sea	asoned \$19.5	Bacon, avocado, mushrooms, blistered cherry tomatoes, sweet potato hashbrowns, poached egg + house made bacon jam
Harvest dukkah + caramelised balsamic  PROTEIN BREAKFAST DF+GF Eggs, bacon + mushrooms with wilted garlic	cspinach \$22	WARM VEGAN BREAKY BOWL GF+VG Broccoli, pumpkin, mushrooms, blistered cherry tomatoes, wilted garlic spinach, quinoa + avocado
HOUSE MADE BEANS GFO + VGO House beans served on toasted sourdough	\$18	<b>EXTRAS</b>
HOUSE MADE SAVOURY MINCE GF House savoury mince served on toasted so		To add to meals only  Bacon (per rash)
SAUTEED MUSHROOMS vgo Sauteed mushrooms, cherry tomatoes + on with baby spinach served on Harvest sourde		Smoked leg ham Grilled chorizo Smoked salmon Grilled chicken

**EGGS BENEDICT GFO** 

Smoked salmon, avocado + dill

Served with poached eggs + house made

\$23.5 \$23.5

\$23.5

\$28.5

\$18 +\$4

\$22

\$24

\$18

\$22

\$25

\$25

\$26

Ham

Bacon

Mushrooms

#### HOUSE MADE PROVISONS GF-VG

seasoned with Harvest dukkah + aioli

Chilli pepper jam	Onion marmalade	
Tomato relish	Pineapple chutney	\$2 each
Beetroot relish	Caramelised balsamic	
Mango chutney	Aioli	

Love our house made provisions?? Our jars are available to purchase in-store + online!

Bacon (per rash)	\$4.5
Smoked leg ham	\$5
Grilled chorizo	\$5.5
Smoked salmon	\$7.5
Grilled chicken	\$5.5
Danish feta	\$5
Grilled haloumi	\$5.5
Hashbrown	\$3.5
Roasted field mushrooms	\$5.5
Spinach (fresh or wilted)	\$4.5
Asparagus	\$5.5
Avocado	\$4.5
Free - range poached or fried egg	\$4
Free - range scrambled eggs X2	\$7
House made hollandaise	\$4
Blistered cherry tomatoes	\$4
Harvest sourdough toast (per slice)	\$4
House made beans	\$5
House made bacon jam	\$4.5
Sauce - Tomato or Barbeque	\$1

### SANDWICHES + WRAPS

Fresh or toasted served on;
Harvest Sourdough or wrap
Gluten free bread + \$3 or gluten free wraps +\$2
Side of chips GF
\$5
Bowl of Hot Chips GF
\$8.5
Served with sauce or aioli

#### **GOURMET**

# HARVEST RUEBEN Pastrami, swiss cheese, gherkins, dijon mustard, aioli + sauerkraut HAM

### Smoked leg ham, cheese, tomato, greens, aioli, tomato relish + dijon mustard

## CHICKEN Seared chicken fillet, avocado, bacon, greens, aioli + herb dressing \$17

### SALAD vgo Hommus, avocado, tomato, cucumber, carrot, greens, aioli + beetroot relish

#### **SOMETHING SIMPLE**

Ham, cheese + tomato	\$13.5
Chicken breast + cheese	\$13.5
Avocado, cheese, tomato + onion	\$13.5
Pumpkin, feta, spinach, beetroot	\$14.5

#### **FOR THE KIDS**

12 YEARS + UNDER

Bacon + egg muffin with sauce + cheese	\$8
Sourdough toast served with fresh avocado V+GF(+vgo)	° \$8
Cheese toastie on sourdough GFO	\$8
Eggs X2 on Harvest Toast GFO+DFO	\$11
Pancakes of choice; (served with maple syrup + ice cream)	\$11
w/ berry compote or grilled banana	+\$2.5

### GOURMET SALADS

## SALMON Smoked salmon, avocado, spinach, ricotta + salsa verde \$21.5

# **TURKEY**Turkey breast, avocado, bacon, tomato, greens + chilli lime aioli \$19.5

# CHICKEN Seared chicken fillet, avocado, bacon, greens, aioli + herb dressing SALAD vgo

Hommus, avocado, tomato, cucumber, carrot, greens, aioli + beetroot relish

#### **DID YOU KNOW...**

Almost EVERYTHING that you see and eat from us at Harvest is ALL freshly hand made? From our range of sourdough breads to sweets, treats, pastries and provisions, everything you eat is made with love from our kitchen.

**We do catering!** We cater for most events. Visit our website or enquire in store

Prices are inclusive of GST
\* 15% surcharge applies on public holidays
\* 1% surcharge applies on credit card payments

Please ensure all allergies or intolerance's are stated before ordering your meal and drinks

VG - Vegan OptionDF - Dairy FreeDF - Gluten FreeOptionOF - OptionV - VegetarianVO - VegetarianP - Paleo

\$15

Love what we do? Leave us a review! Facebook

Instagram

Website

#### **HOT DRINKS**

	Sml	Med
Espresso	\$3.5	-
Double Espresso	\$4.5	-
Piccolo	\$4	-
Short Macchiato	\$4	-
Long Macchiato	\$4	-
Flat White	\$4.5	\$5.5
Latte	\$4.5	\$5.5
Cappucino	\$4.5	\$5.5
Long Black	\$4.5	\$5.5
Hot Chocolate	\$4.5	\$5.5
Mocha	\$5	\$6
ChaiLatte	\$4.5	\$5.5
Dirty Chai	\$5	\$6
Tumeric Latte	\$4.5	\$5.5
Bulletproof	\$4.5	\$5.5
Affogato	-	\$5.5
Bubbacino	\$2	-

\$2 50c 50c 50c 50c 50c	Alternate Milks Lactose free Almond Coconut Oat Soy Flavoured Syrups Vanilla Caramel	\$1 50c
	Hazelnut	
	50c 50c 50c 50c	Lactose free  \$2 Almond  50c Coconut  50c Oat  50c Soy  50c Flavoured Syrups  \$1 Vanilla  Caramel

#### **ICED DRINKS**

	Sml	Lge
Iced Latte	\$4.5	\$5.5
Iced Long Black	\$4.5	\$5.5
Iced Chai Latte	\$4.5	\$5.5
Iced Dirty Chai Latte	\$6	\$6.5
Iced Coffee (w/ice cream + cream on top)	\$6	\$7
Iced Chai (w/ ice cream + cream on top)	\$4.5	\$5.5
Iced Dirty Chai (w/ice cream + cream on top)	\$7.5	\$8.5
<pre>lced Chocolate (w/ ice cream + cream on top)</pre>	\$6	\$7
Iced Mocha (w/ice cream + cream on top)	\$6	\$7

#### **SHAKES**

MILKSHAKES	\$7	FRAPPES	\$8
SMALL MILKSHAKE	\$5.5	Served with crear	n
THICKSHAKES	\$9	Chocolate	
Chocolate		Coffee	
Strawberry		Mocha	
Banana		Salted Caramel	
Caramel		Vanilla	
Vanilla			

#### **ORGANIC TEAS + INFUSIONS**

English Breakfast Earl Grey Rooibos Jasmine Green Chinese Green Sencha Green Chamomile Ginger Glow Lemon Lift	<b>Pot for 1</b> \$4.5	Pot for 2 \$8
Lemon Lift Peppermint		
Peppermint, lavendar + lemon myr	tle	
Brewed Pots Sticky Chai	<b>Pot for 1</b> \$5.5	<b>Pot for 2</b> \$10

### **FRESHLY SQUEEZED JUICES**

Apple Bomb	<b>SERVED ON ICE</b>
Apple, pineapple, lime, mint + ginger	Sml \$8 Lge \$9.5

**Divine Pine** 

Pineapple, orange, apple

Watermelon Crush

Watermelon, mint, lime, apple + pineapple

**Orange Blush** 

Orange, apple + raspberry

**Beetle Juice** 

Beetroot, carrot, apple, celery + orange

**Ginger Megs** 

Carrot, celery, apple + ginger

**Green Detoxer** 

Cucumber, celery, apple, lemon + ginger

#### SMOOTHIES All smoothies blended with ice

Bananarama VGO **Lge** \$9.5

Banana, nutmeg, vanilla, honey yoghurt + milk

Banana Chai VGO

Banana, chai spice, honey yoghurt + milk

Cacao Banana VG

Cacao, banana, dates + almond milk

Berry Kiss VGO

Raspberry, strawberry, mint, honey yoghurt + milk

Blushing Beauty VGO

Banana, mango, strawberry, honey yoghurt + milk

Tropicoco VGO

Mango, pineapple, banana, coconut yoghurt + milk

Green Goddess VG

Banana, spinach, mango, + coconut water